# The identification of specific high density lipoprotein<sub>3</sub> binding sites on human blood monocytes using fluorescence-labeled ligand

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**Abstract We previously reported the identity and purifica**tion of two HDL<sub>3</sub>-binding proteins in rat liver plasma mem**branes. As these proteins are candidate high density lipoprotein (HDL) receptors and probably multifunctional, including a role in HDL metabolism, we have considerable interest in identifying corresponding proteins that are present in human tissue. This report describes the identification of HDL3-binding sites on human monocytes with the use of fluorescence microscopy and flow cytometry assay. After the incubation of mononuclear cells from human blood with fluorescein isothiocyanate (FITC)-labeled human HDL3, fluorescence micrographs showed dense signals of fluorescent grains on monocytes, but not lymphocytes. A significant increase in FITC intensity on monocytes, but not lymphocytes, was observed by flow cytometry analysis, and the interaction between FITC-HDL3 and human monocytes was concentration-dependent. Although very low density (VLDL) and low density lipoprotein (LDL) were ineffective competitors and HDL2 only partially competed for binding, a 50-fold concentration of HDL<sub>3</sub> did compete effectively** for binding of FITC-HDL<sub>3</sub> to human monocytes. Trypsin **treatment reduced the FITC intensity of monocytes, show**ing that a portion of cell-associated FITC-HDL<sub>3</sub> remained **bound to the cell surface. Two major HDL-binding proteins were identified in CHAPS-solubilized human mononuclear cells by ligand blotting, using HDL3 as the ligand. Both showed similar binding parameters, specificity, and molecu**lar weight identical to HB<sub>1</sub> and HB<sub>2</sub> from rat liver plasma **membrane. We conclude that corresponding candidate HDL receptors or a similar receptor complex also exist on human blood monocytes.**—Hidaka, H., E. Hidaka, M. Tozuka, J. Nakayama, T. Katsuyama, and N. Fidge. **Identification of** specific high density lipoprotein<sub>3</sub> binding sites on human **blood monocytes using fluorescence-labeled ligand.** *J. Lipid Res.* **1999.** 40: **1131–1139.**

**Supplementary key words** HDL<sub>3</sub> • HDL-binding protein • monocyte • flow cytometry • fluorescent isothiocyanate

High density lipoprotein (HDL) plays a major role in reverse cholesterol transport from peripheral tissues to the liver. The mechanisms involved in HDL- mediated cholesterol efflux from peripheral cells and the delivery of sterol to the liver are not fully understood, but the involvement of specific HDL receptors in the process has recently been confirmed by the identification of SR-B1 and CLA-1 which mediates both cholesteryl ester transfer to some cells (1–3) and cholesterol efflux from others (4). Other high-affinity HDL-binding sites have been detected in a variety of tissues and cells including rat, porcine, and human liver plasma membrane (5–9), cultured mouse adipocytes (10, 11), human skin fibroblasts (12, 13), rat testis (14), and macrophages (15), but their identity as functional HDL receptors is less secure.

Our group previously reported the identification of two HDL-binding proteins,  $HB_1$  (120 kDa) and  $HB_2$  (100 kDa), in rat and human liver plasma membrane by  $HDL<sub>3</sub>$ ligand blotting  $(5)$  and subsequently cloned HB<sub>2</sub>  $(16)$ which was shown to have significant homology with some adhesion molecules, particularly ALCAM (17). Transfection of cells with  $HB_2$  was associated with increased binding of HDL<sub>3</sub> but not selective transfer of HDL cholesteryl ester to cells (16).

Macrophages derived from monocytes possess candidate HDL receptors that bind HDL or modified HDL (15, 18) indicative of a role for HDL in monocyte lipid metabolism, a plausible suggestion considering the exposure of monocytes to lipoproteins in plasma. This hypothesis has been strengthened by the recent observation that  $HB_2$ , barely detectable in THP-1 cells (a monocyte B cell line), is dramatically up-regulated after PMA-induced differentiation of those cells into macrophages and by the observa-

Abbreviations: HDL, high density lipoprotein; HB, HDL-binding; LDL, low density lipoprotein; FITC, fluorescein isothiocyanate; FH, familial hypercholesterolemia; SDS-PAGE, sodium dodecyl sulfatepolyacrylamide gel electorphoresis; BCA, bicinchoninic acid; VLDL, very low density lipoprotein.

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tion that  $HB<sub>2</sub>$  mRNA levels decline after cholesterol loading of those cells (16).

Flow cytometry is a technique for analyzing cells or particles according to their size and amount of fluorescence bound to them. Nagano et al. (19) recently used flow cytometry to measure low density lipoprotein (LDL)-receptor activity in human plasma lymphocytes and the data correlated well with LDL-receptor activity in fibroblasts of patients with familial hyperlipidemia (FH) and normal subjects assessed by a binding assay using 125I-labeled LDL in vitro.

We have modified a novel fluorescent probe method (20) to investigate the interaction between HDL and monocytes and investigate putative HDL receptor activity in these cells. We identified specific binding sites for fluorescein isothiocyanate (FITC)-HDL<sub>3</sub> using fluorescence microscopy and a flow cytometry assay and evidence for HDL-binding proteins by ligand blotting in human blood monocytes.

## MATERIALS AND METHODS

#### **Chemicals and materials**

FITC was purchased from Wako Chemical Co. (Osaka, Japan). Lymphoprep and anti-human-apoA-I (rabbit) were obtained from Daichi Pure Chemical Co. (Tokyo, Japan). Phosphate-buffered saline (PBS), peroxidase-conjugated anti-rabbit IgG (goat), phycoerythrin (PE)-labeled CD14, a specific antibody for monocytes, and FITC-labeled CD4, a specific antibody for lymphocytes, were obtained from Medical and Biological Laboratories Co. (Tokyo, Japan). PD-10 columns, heparin–Sepharose CL6B, 4–30% polyacrylamide gradient gels (PAA4/30) using the GE-2/4 system, and DEAE-Sephacel gels were obtained from Pharmacia Biotech (Uppsala, Sweden). Trypsin (1:250) was obtained from Difco Laboratories (Detroit, MI). The Simultest™ Control  $\gamma$ 1/ $\gamma$ 2a containing mouse IgG<sub>1</sub>-FITC and IgG<sub>2</sub>a-PE with gelatin and  $0.1\%$ azide was obtained from Becton Dickinson Immunocytometry Systems (San Jose, CA). Bicinchoninic acid (BCA) protein assay reagent was obtained from Pierce Chemical Co.(Rockford, IL). Centricon membrane filters were obtained from Amicon (Danvers, MA). Polyacrylamide gradient gels (8–16%) containing sodium dodecyl sulfate (SDS) were obtained from TEFCO Co. (Tokyo, Japan). CHAPS and TRIZMA base were purchased from Sigma Chemical Co. (St. Louis, MO).

#### **Preparation of human lipoproteins**

Human very low density lipoprotein (VLDL)  $(d < 1.006 g/$ ml), low density lipoprotein (LDL) (d  $1.006-1.063$  g/ml),  $HDL<sub>2</sub>$ (d 1.063–1.125 g/ml), and  $HDL<sub>3</sub>$  (d 1.125–1.21 g/ml) were isolated from fresh human sera by ultracentrifugation according to the method of Havel, Eder, and Bragdon  $(21)$ . HDL<sub>3</sub> equilibrated by dialysis against 50 mm Tris-HCl buffer (pH 7.4, containing 0.05 m NaCl) was applied to a heparin-Sepharose CL6B column and eluted with the same buffer, to obtain  $HDL<sub>3</sub>$  without apoE. The other 1ipoproteins were desalted on PD-10 columns equilibrated with 50 mm Tris-HCl buffer (pH 7.4) containing 0.15 m NaCl, and concentrated by centrifugation through Centricon membrane filters and then characterized by SDS-polyacrylamide gel electrophoresis (SDS-PAGE) using the Pharmacia Fast-system (Pharmacia Biotech). The protein concentration of lipoproteins was determined using the BCA protein assay reagent.

## **FITC-labeled HDL3**

FITC-labeled  $HDL<sub>3</sub>$  (FITC-HDL<sub>3</sub>) was prepared using a modification of the method of Riggs et al. (20). FITC (1 mg) in 0.1 m carbonate buffer (pH 9.6) was added to 10 mg of  $HDL<sub>3</sub>$  protein previously adjusted to pH 9.6. The mixture was gently rocked for 1 h at room temperature, applied to a PD-10 column, and equilibrated with PBS for separating free FITC from conjugated-FITC-HDL3. The conjugated-FITC was then equilibrated with PBS and concentrated using Centricon filters. The FITC-HDL<sub>3</sub> was divided into two portions and characterized by nondenaturing gradient gel PAGE and SDS-PAGE. One portion was mixed with glycerol and bromphenol blue, then applied in duplicate to wells of a native gradient gel. The other portion was mixed with 5% SDS containing glycerol and BPB and then applied in duplicate to wells of an SDS-PAGE gel.

#### **Preparation of mononuclear cells from human blood**

Human mononuclear cells were prepared according to a modified method of Ting and Morris (22). Fresh human blood (5 ml) collected in tubes containing heparin or ethylenediaminetetraacetic acid, dipotassium salt was diluted 2-fold with PBS, then layered gently onto 2 ml of Lymphoprep (d 1.077 g/ml). After centrifugation at 400  $g$  for 30 min at 20 $^{\circ}$ C, the mononuclear cells collected from the intermediate phase were washed twice with PBS at 4°C, and finally resuspended in 1 ml of PBS. Mononuclear cells were counted using a blood cell counter, Sysmex NE-7000 (Toa-iryoudenshi, Tokyo, Japan).

#### **Fluorescence microscopy of mononuclear cells**

For fluorescence microscopy,  $1\times 10^5$  mononuclear cells in 0.1 ml of PBS were incubated with 4  $\mu$ g of FITC-HDL<sub>3</sub> with or without a 50-fold excess of unlabeled HDL<sub>3</sub>, or with unconjugated FITC or FITC-CD4. Cells were then washed three times with 1.5 ml of PBS and suspended with 10  $\mu$ l of 2.5% BSA. The cells that were suspended in PBS (approximately  $1 \times 10^5$ ) were placed on glass slides using Cyto Spin (Sakuraseiki Co. Ltd. Nagano, Japan) in accordance with the manufacturer's instructions. Then the samples were stained with propidium iodide (400 ng/ml in antifade mounting solution, Vysis, IL) as counter staining, and observed under a fluorescence microscope (Olympus, Tokyo, Japan).

#### **Fluorescence measurement**

Fluorescence measurements were performed using a Shimadzu (Kyoto, Japan) RF-550 HPLC monitor spectrofluorometer. An aliquot of cells (250  $\mu$ l) was added to a flow cell (12  $\mu$ l) with the use of a peristaltic pump, and the fluorescence intensity at 520 nm was measured separately for the excitation wavelength of 490 nm.

#### **Flow cytometry of mononuclear cells**

A flow cytometry analysis of mononuclear cells was performed using the FACSort (Becton Dickinson, Sunnyvale, CA) in accordance with the manufacturer's instructions. In brief, mononuclear cells (approximately 1  $\times$  10<sup>5</sup> in 100  $\upmu l$  of PBS) were incubated with 1  $\mu$ g of FITC-HDL<sub>3</sub> protein for 1 h at 37°C. After washing with 50 vol of PBS, the cells were centrifuged at 3000 rpm for 3 min at 4°C, resuspended in 0.5 ml of PBS, and then analyzed by FACSort. In some experiments, mononuclear cells previously incubated with FITC-HDL<sub>3</sub> at 37 $\degree$ C for 1 h were treated with trypsin at 37°C for 15 min. The cells were then washed and resuspended in PBS and analyzed by the FACSort system. The peak channel of the logarithmic fluorescence histogram was used as a measurement of the amount of fluorescence bound to each particle. The cytometer electronically processes the electronic signals resulting from each cell, creating numeric values for the three parameters: forward scatter (FSC), side scatter

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(SSC), and fluorescence 1 (FL1). It assigns each value a channel number, from 0 to 1023. These values are measurements of the relative light intensity scattered or emitted by the cell when it passes through the laser beam.

## **Partial purification of HDL-binding proteins from human mononuclear cells**

The HDL-binding proteins from human monocytes were isolated and partially purified as described previously (3). Samples were solubilized with 30 mm CHAPS and 1 mm PMSF, and loaded onto a DEAE-Sephacel column equilibrated with 50 mm Trisbuffer (pH 8.0) containing 10 mm CHAPS (buffer A). After the column was washed with buffer A, HDL-binding proteins were eluted with Buffer A containing 0.2 m NaCl. The HDL-binding activities were detected by ligand blotting as previously described (2, 3).

# RESULTS

# **Characterization of FITC-HDL3**

The particle size of  $FITC-HDL<sub>3</sub>$  and the composition of labeled-apoHDL<sub>3</sub> were characterized by gradient- and SDS-PAGE, respectively. The particle size of  $FITC-HDL<sub>3</sub>$ ranged from approximately 100 to 230 kDa as well as a native HDL<sub>3</sub>, and FITC was associated with apoA-I and apoA-II, according to the SDS-PAGE (**Fig. 1**).

#### **Fluorescence measurement**

The association between  $HDL<sub>3</sub>$  and human mononuclear cells was assessed by saturation studies performed at 37°C for 2 h in PBS. Measurement of fluorescent intensity was calibrated using serially diluted fractions of FITC-



**Fig. 1.** Characterization of FITC-HDL<sub>3</sub>. Human  $\text{HDL}_3$  (1.125  $\leq$  $d < 1.21$ g/ml) collected from fresh serum was adjusted to pH 9.6 with 0.1 m carbonate buffer, then incubated with FITC for 1 h at room temperature. The  $\text{FITC-HDL}_3$  was separated from free  $\text{FITC}$ by PD-10 column chromatography in PBS, then characterized by nondenaturing polyacrylamide gel electrophoresis (native-PAGE, panel A) and sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE, panel B). Bands on the native and SDS-PAGE were detected by staining with Coomassie Brilliant Blue R-250 (lanes 1, 2, 4, and 5) and using a fluorescence lamp (lanes 3 and 6). Lanes 1 and 4 show molecular mass calibration marker.

 $HDL<sub>3</sub>$  in PBS; this demonstrated excellent linearity up to 600 ng/ml (**Fig. 2**, **A**). To estimate nonspecific binding of HDL3, mononuclear cells were incubated with increasing concentrations of  $FITC-HDL<sub>3</sub>$  plus or minus 50-fold excess unlabeled  $HDL<sub>3</sub>$  at 37°C. Specific binding (total bind-



**Fig. 2.** Fluorescence measurement of concentration-dependent binding of FITC-HDL<sub>3</sub> to mononuclear cells. FITC-HDL<sub>3</sub> (600 ng/ ml) was serially diluted with PBS and the fluorescent intensity was calibrated using a spectrofluorometer (panel A). The fluorescent intensity of mononuclear cells resuspended in PBS was also measured using a spectrofluorometer (panel B). Human mononuclear cells, collected from fresh blood as described in the Methods section, were incubated with increasing concentrations of FITC-HDL<sub>3</sub> plus  $(\triangle)$  or minus ( $\bullet$ ) a 50-fold excess of unlabeled HDL<sub>3</sub>. Specific binding  $\circ$  was calculated by subtraction of the values for binding in the presence of excess unlabeled  $\text{HDL}_3$  (nonspecific binding,  $\triangle$ ) from the values for total binding  $(\bullet)$ . Values for specific binding were obtained from Scatchard plots (panel C). These data are the mean of triplicate points and are representative of two similar experiments each using one subject.



Fig. 3. Fluorescence microscopic identification of FITC-HDL<sub>3</sub>-binding monocytes in mononuclear cells. Human mononuclear cells collected from blood as described in the Methods section were incubated with FITC-HDL<sub>3</sub> in the absence (panel A) or presence (panel B) of a 50-fold excess of unlabeled HDL<sub>3</sub>, FITC-CD4 (panel C), or free FITC (panel D) for 1 h at 37°C. Smears of mononuclear cells were observed using fluorescence microscopy. The large-size cells are monocytes (M) and the smaller cells are lymphocytes (L). Fluorescent grains were visible only on monocytes incubated with FITC-HDL<sub>3</sub> (panel A), and fluorescent grains of FITC-CD4 were visible only on the surface of lymphocytes, not monocytes (panel C).

ing minus the binding in the presence of excess unlabeled  $HDL<sub>3</sub>$ ) showed saturation kinetics, with maximal binding achieved at approximately 4  $\mu$ g of HDL<sub>3</sub> protein/0.1 ml of medium (Fig. 2, B). A Scatchard plot of the affinity binding was linear (Fig. 2, C), and a single binding site was seen with a  $K_d$  value of approximately 50  $\mu$ g of HDL protein/ml.

# **Microscopic observation of FITC-HDL3 binding to cells**

Mononuclear cells were incubated with FITC-HDL3, plus or minus 50-fold unlabeled HDL<sub>3</sub>, FITC-CD4 (a cell surface marker of lymphocytes), and free FITC at  $37^{\circ}$ C for 1 h. Fluorescent grains were visible on monocytes but not lymphocytes after incubation with FITC-HDL<sub>3</sub> (Fig. 3), and were not present in cells incubated with a 50-fold excess of unlabeled HDL3. FITC-CD4 bound only to lymphocytes, while free FITC did not bind to either cell type.

# **Flow cytometry of mononuclear cells**

The flow cytometry procedure is also able to separate monocytes and lymphocytes amongst mononuclear cells. Mononuclear cells that were incubated with mouse  $IgG_1$ -FITC and IgG<sub>2a</sub>-PE (Simultest Control  $\gamma$ 1/ $\gamma$ 2a) were analyzed using the FACSort system, which is shown in **Fig. 4**. The monocytes were identified as the larger cells from the forward scatter (FSC) light, properties dependent on cell size, and characterized by a stronger side scatter (SSC) light, an index of their greater internal cellular complexity compared to lymphocytes. Monocytes are circled (R1), and lymphocytes in the dense region in the area R2 (Fig. 4, A). Most of the monocytes, but not lymphocytes, bound the monocyte surface marker PE labeled-CD14 (Fig. 4, B). P1 is the fluorescence intensity of nonspecific binding or cells alone and P2 is the total bound fluorescence intensity.

After incubation of human mononuclear cells with FITC-HDL<sub>3</sub> at 37 $\degree$ C for 1 h in PBS, changes in the peak channel fluorescence intensity from monocytes and lymphocytes were measured by FLI, as shown in Fig. 4, C and D, respectively. The specific peak channel of the fluorescence intensity of the monocytes (M2, total binding, minus M1 which includes a 50-fold excess of unlabeled  $HDL<sub>3</sub>$ )



**Fig. 4.** Optimized FACSort results of mononuclear cells, FITC histogram of monocytes without and with PElabeled CD14, and fluorescence flow cytometry analysis of monocytes and lymphocytes incubated with FITC-HDL3, plus or minus 50-fold unlabeled HDL3. Human mononuclear cells collected from fresh blood as described in the Methods section were incubated with Simultest™ Control  $\gamma1/\gamma2a$  or monoclonal antibody against PE-labeled CD14 for 30 min at  $4^{\circ}$ C. After the cells were washed and resuspended with PBS, the mixture of cells was analyzed by FACSort. A dot density, two-parameter histogram illustrating the side light scatter height (SSC-H) on the x axis and forward light scatter height (FSC-H) on the y axis of human mononuclear cells is shown in panel A. Monocytes were gated with circle (R1) and lymphocytes with R2 in panel A. A one-parameter histogram illustrating the staining of monocytes with PE-labeled CD14 (P2, shadow peak) overlaid with a one-parameter histogram from controls (P1, solid line peak) is shown in panel B. The x axis is the fluorescence intensity (FLI, channel number), and the y axis is the number of events (cell count) in each channel. Human mononuclear cells (approximately  $1 \times 10^6$ /ml suspended in PBS) were incubated with 1  $\mu$ g of FITC-HDL<sub>3</sub> (shadow peak) or FITC-HDL<sub>3</sub> plus a 50-fold excess of unlabeled HDL<sub>3</sub> (solid line peak) in 120  $\mu$ l of incubation mixture for 1 h at 37°C. After the cells were washed and resuspended in PBS, the mixture of cells was analyzed by a FACSort system. One-parameter histograms illustrate the staining of monocytes (panel C) and lymphocytes (panel D) with FITC-labeled HDL3 (M2, shadow peak) overlaid with oneparameter histograms from controls (M1, solid line peak). The x axis is the fluorescence intensity (FLI, channel number), and the y axis is the number of events (cells) in each channel.

was significantly increased by incubation with  $\text{FITC-HDL}_3$ (Fig. 4, C), whereas the lymphocyte fluorescence was not changed (Fig. 4, D). Further, FITC-apo $HDL<sub>3</sub>$ , prepared by delipidation, bound to monocytes as did FITC-HDL<sub>3</sub>. The correlation between FITC-apo $HDL<sub>3</sub>$  (y-axis) and FITC-HDL3 (x-axis) binding obtained by the flow cytometry assay was  $y = 0.4x + 5.5$  ( $r = 0.747$ ,  $n = 10$ ).

### **Binding studies with flow cytometry**

Studies of the association of  $HDL<sub>3</sub>$  with human mononuclear cells were performed in a final reaction volume of 100  $\mu$ l in PBS at 37°C. The association of 1  $\mu$ g of FITC-  $HDL<sub>3</sub>$  with human mononuclear cells at 4 $\degree$  and 37 $\degree$ C in a time-course study is shown in **Fig. 5**, **A**. Temperature had a marked effect on  $HDL<sub>3</sub>$  binding to human monocytes. After 4 h at  $37^{\circ}$ C, the peak channel intensity (M2-M1) reached 35 channel, whereas at  $4^{\circ}$ C for 4 h the intensity remained unchanged. To further explore the importance of temperature, incubations were performed at  $0^{\circ}$ ,  $10^{\circ}$ , 23°, and 37°C for 1 h which illustrated that  $\text{FITC-HDL}_3$ binding increased in a linear fashion with rising temperature, as shown in Fig. 5, B.

Concentration-dependent binding studies were performed at  $37^{\circ}$ C for 1 h. The maximal binding of FITC-





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Fig. 5. Time course of FITC-HDL<sub>3</sub> binding to monocytes and temperature-dependent binding of FITC-HDL<sub>3</sub>. Human mononuclear cells (approximately  $1 \times 10^6$ /ml suspended in PBS) were incubated with 1  $\mu$ g of FITC-HDL<sub>3</sub> in 120  $\mu$ l of incubation mixture for 0 to 240 min at 37°C or 4°C (panel A) and for 1 h at 4°C,  $10^{\circ}$ ,  $23^{\circ}$ , or  $37^{\circ}$ C (panel B). After the cells were washed and resuspended in PBS, the FITC intensity (peak channel between control and treated cells, M2–M1) of the monocytes was measured by a FACSort, as described in Methods. These data are the mean of duplicate points and are representative of two similar experiments using one subject.

HDL<sub>3</sub> occurred between 4 to 8  $\mu$ g of FITC-HDL<sub>3</sub> in 0.1 ml medium (**Fig. 6**, **A**). About 70% inhibition in binding was observed with a 50-fold excess of unlabeled  $HDL<sub>3</sub>$  (Fig. 6, B). VLDL and LDL competed minimally and  $HDL<sub>2</sub>$  was less effective than HDL<sub>3</sub>, which produced a 50% displacement of FITC-HDL<sub>3</sub> at 50-fold excess concentration. To test whether these binding sites were sensitive to proteolytic cleavage, mononuclear cells were treated with trypsin. The peak channel of FITC intensity was decreased 40% by treatment with  $0.2\%$  trypsin for 1 h at  $37^{\circ}$ C (**Fig. 7**).

## **Detection and partial purification of HDL-binding proteins in mononuclear cells**

Mononuclear cells solubilized with CHAPS were loaded onto a DEAE-Sephacel column. Fractions enriched with HDL-binding proteins were eluted with 0.2 m NaCl in the presence of 10 mm CHAPS. Binding activity was detected by ligand blotting as described in Methods. Two major HDL-binding proteins were identified with apparent *Mr* values of 120,000 and 100,000; a minor band (110 kDa) was also observed (**Fig. 8**).



Fig. 6. Concentration-dependent binding of FITC-HDL<sub>3</sub> to human monocytes, and competition by unlabeled lipoproteins for the binding of FITC-HDL<sub>3</sub> to monocytes. Human mononuclear cells (approximately  $1 \times 10^6$ /ml suspended in PBS) were incubated with increasing concentrations (0 to 8  $\mu$ g) of FITC-HDL<sub>3</sub> (panel A), and with 1  $\mu$ g of FITC-HDL<sub>3</sub> and 5 to 50  $\mu$ g of unlabeled lipoproteins in 100  $\mu$ l of incubation mixture for 1 h at 37°C (panel B). After the cells were washed and resuspended in PBS, the FITC intensity (peak channel between control and treated cells, M2–M1) of the monocytes was measured by a FACSort, as described in Methods. These data are the mean of duplicate points and are representative of two similar experiments using one subject.

## DISCUSSION

The present results, obtained by fluorescence microscopy and a flow cytometry assay, demonstrated that human blood monocytes possess specific binding sites for FITC-labeled HDL<sub>3</sub>.

We previously reported the presence of two HDL-binding proteins  $(HB_1$  and  $HB_2)$  in rat and human liver plasma membranes (5, 6) and also showed that the expression of these candidate HDL-receptors could be reduced 50% by treating rats with the hyperlipidemic drug simvastatin (23).  $HB_2$  levels could also be influenced by uploading macrophages with cholesterol (16), suggesting that this adhesion-type of HDL-binding protein may also be involved in cell lipid metabolism. Because at this stage of knowledge liver biopsies cannot be justified to assess these HDL receptor levels in relation to lipid perturbations, the aim of the present study was to investigate the existence of high-affinity HDL-binding sites in peripheral cells and the method described in this report appears to present an ideal solution to the problem. Monocytes are

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**Fig. 7.** Trypsin treatment of monocytes. Human mononuclear cells (approximately  $1 \times 10^6$ /ml suspended in PBS) were incubated with 1  $\mu$ g of FITC-HDL<sub>3</sub> in 120  $\mu$ l of incubation mixture for 1 h at 37°C. After the cells were washed and resuspended in PBS, cells were incubated with increasing concentrations of trypsin in PBS. Then, the FITC intensity (peak channel between control and treated cells) of the monocytes was measured by a FACSort, as described in Methods. These data are the means of duplicate data points obtained from one subject.

easily obtained from the blood of test subjects, and the combination of flow cytometry with fluorescence-labeled ligand ( $FITC-HDL<sub>3</sub>$ ) provides a simple, reproducible assay for comparing binding to candidate HDL receptors. Other work published previously (24) also suggests that the conjugation of HDL with the fluorescent marker FITC is a



**Fig. 8.** Ligand blotting of monocyte HDL-binding proteins. CHAPS-solubilized human mononuclear cells were applied to a DEAE-Sephacel column equilibrated with buffer A (see text) and then washed with the same buffer. The HDL-binding protein-rich fractions were eluted with buffer A containing 0.2 m NaCl. HDL-binding proteins were detected by ligand blotting as described in Methods. The *Mr* standard markers are from Bio-Rad (Richmond, CA).

convenient and valid method for studying interactions between cells and HDL.

When  $FITC-HDL<sub>3</sub>$  was incubated with human monocytes at  $37^{\circ}$ C, a significant increase in fluorescence intensity was revealed by flow cytometry. In contrast, an insignificant shift in fluorescence intensity was observed at  $4^{\circ}C$ , being less than 5% of the binding observed at  $37^{\circ}$ C. Binding of  $FITC-HDL<sub>3</sub>$  to monocytes was temperature-dependent, consistent with the findings of Kagami, Fidge, and Nestel (25) and Morrison, McPherson, and Fidge (26), who showed that temperature had a marked effect on the association of  $125$ I-labeled HDL<sub>3</sub> with cells or rat liver plasma membranes. Fluorescent grains were visible on the surface and in the cytoplasm of monocytes after incubation with FITC-HDL<sub>3</sub> at 37 $\degree$ C for 1 h, but not after incubation at  $4^{\circ}$ C (data not shown), confirming this effect.

Specificity of the interaction was studied. Recently, it was reported that the human CLA-1 expressed in human monocytes was a high-affinity specific receptor for HDL, native LDL, and modified LDL (3). The results from the competition experiment indicated that LDL inhibited binding of 125I-labeled HDL by the CLA-1-transfected cells as efficiently as unlabeled HDL. In contrast, our results showed that monocytes did not bind FITC-CD4 (a lymphocyte surface marker) or free FITC, and the FITC- $HDL<sub>3</sub>$  binding was displaced by excess  $HDL<sub>3</sub>$  but not by VLDL or LDL. FITC-HDL $_3$  binding was reduced less in the presence of  $HDL<sub>2</sub>$  than  $HDL<sub>3</sub>$ , and the competition curves for  $HDL<sub>2</sub>$  and  $HDL<sub>3</sub>$  differed. Thus the binding site was specific for  $HDL<sub>3</sub>$  with some cross-reactivity with HDL<sub>2</sub>, and is possibly related to the apolipoprotein constituents, apoA-I and apoA-II, that are common to both  $HDL<sub>3</sub>$  and  $HDL<sub>2</sub>$ , but present in different proportions. Both proteins have been shown to be capable of facilitating HDL binding to cells, membranes, and isolated HDL binding proteins (1, 4). However, it is not yet certain to what extent the lipid or apolipoprotein composition (i.e., the apoA-I/apoA-II or protein/lipid ratios) of  $HDL<sub>3</sub>$ or  $HDL<sub>2</sub>$  influences their ability to compete for cell surface binding. Importantly, FITC-labeled apo- $HDL<sub>3</sub>$  bound to monocytes under the same conditions as  $HDL<sub>3</sub>$  and the results of ligand blotting support the presence of apo-HDL-specific binding sites in human blood monocytes. FITC-HDL<sub>3</sub> binding was almost eliminated by trypsin treatment, strengthening the involvement of cell surface receptors in the process. Further, some of the  $FITC-HDL<sub>3</sub>$  was apparently internalized by the cells after incubation at  $37^{\circ}$ C. These results suggest that FITC- $HDL<sub>3</sub>$  is bound and internalized by a specific binding site.

Monocyte-derived macrophages are involved in the formation of early atherosclerotic lesions (27). Macrophages possess the scavenger receptor (28–31) that recognizes certain modified forms of LDL, including acetylated or oxidized LDL. Previous reports also suggest that HDL may bind specifically to coated pits in surface membranes of rat peritoneal macrophages (32). It has been suggested that candidate HDL receptors may be involved in the efflux of cholesterol from macrophage-derived cells. Thus, monocytes are, potentially, very useful for probing the involvement of cell receptors in HDL metabolism.

The HDL-binding proteins from human mononuclear cells were partially purified by DEAE-Sephacel chromatography. Ligand blotting showed the presence of two major HDL-binding proteins of approximately 100 kDa and 120 kDa and a minor band of approximately 110 kDa. Thus, these proteins appear to correspond to the two HDL-binding proteins, 120 kDa  $HB_1$  and 100 kDa  $HB<sub>2</sub>$ , purified previously from rat liver plasma membranes, suggesting that HDL processing by both monocytes and liver cells occurs via common pathways. There was little evidence, from ligand blots, of an HDL-binding protein that corresponded to SR-B1 (*Mr* 80,000) and CLA-1 (*Mr* 83,000). The sequence of an HDL-binding protein from cultured bovine aortic endothelial cells was previously reported by McKnight et al. (33), but the characteristics of this cellular HDL-binding protein (HBP) differ from  $HB_1$  and  $HB_2$  purified in our laboratory, one of which  $(HB_2)$  shows significant homology with members of the immunoglobulin superfamily (16). However, further purification followed by the sequencing of both the 100 kDa and 120 kDa monocyte proteins is required to confirm the identity and structure of these two binding proteins.

The results of the present study confirm that monocytes possess specific HDL<sub>3</sub>-binding sites, and at least two HDLbinding proteins. A combination of flow cytometry, FITClabeled HDL<sub>3</sub>, and a blood sample provides a simple assay for the expression of the HDL receptors  $HB_1$  and  $HB_2$  in human subjects, and the potential to survey the interaction between HDL metabolism, composition, and receptors in various forms of lipoproteinemia.

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